

**Amendments to the Claims:**

This listing of claims will replace all prior versions, and listings, of claims in the application:

**Listing of Claims:**

1. (Currently amended) An air vent, especially for a motor vehicle, with an air-supplying air duct and with an air conduction device (4), the air duct in the air conduction device (4) being divided into at least two essentially cylindrical subducts (11a, 11b), ~~characterized in that~~ wherein the cylindrical subducts (~~11a, 11b~~) are arranged parallel with respect to one another.
2. (Currently amended) The air vent as claimed in claim 1, ~~characterized in that~~ wherein the air conduction device (4) provides a division of the air supplied through the air duct into at least four air streams.
3. (Currently amended) The air vent as claimed in ~~one of the preceding claims,~~ ~~characterized in that~~ claim 1, wherein at least one further subduct is provided, arranged around at least one of the cylindrical subducts (~~11a, 11b~~).
4. (Currently amended) The air vent as claimed in ~~one of the preceding claims,~~ ~~characterized in that~~ claim 1, wherein the air conduction device (4) has subducts (~~11a and 12a, 11b and 12b~~) arranged concentrically one in the other.
5. (Currently amended) The air vent as claimed in ~~one of the preceding claims,~~ ~~characterized in that~~ claim 1, wherein the air conduction device (4) has at least one helical or longitudinally indrawn spiral subduct (~~12a, 12b~~).
6. (Currently amended) The air vent as claimed in ~~claims 4 and 5,~~ ~~characterized in that~~ claim 4, wherein the helical subduct (~~12a, 12b~~) has at least one guide (~~13~~) which is arranged helically.

7. (Currently amended) The air vent as claimed in ~~claim 5 or 6, characterized in that~~ claim 5, wherein the pitch of the helix decreases toward the outlet port (10).
8. (Currently amended) The air vent as claimed in ~~one of the preceding claims,~~ characterized in that claim 1, wherein, upstream of the air conduction device (4), a metering device is arranged, which is designed in such a way that the air capable of being supplied to the individual subducts (11, 12) is controllable.
9. (Currently amended) The air vent as claimed in ~~one of the preceding claims,~~ characterized in that claim 1, wherein a device (5) for setting the direction of the air stream is arranged after the air conduction device (4).
10. (Currently amended) The air vent as claimed in ~~one of the preceding claims,~~ characterized in that claim 1, wherein the ratio of a narrowest cross section of one of the cylindrical subducts (11a, 11b) to the narrowest cross section of the associated helical subduct (12a, 12b) is variable from 1:1.5 to 1:0.3.
11. (Currently amended) The air vent as claimed in ~~one of the preceding claims,~~ characterized in that claim 1, wherein each cylindrical subduct (11a, 11b) has arranged around it at least two helical subducts (12a', 12a'', 12b', 12b'') which can be regulated independently of one another via separate control devices.
12. (Currently amended) The air vent as claimed in claim 11, ~~characterized in that~~ in each case two helical subducts (12a', 12a'', 12b', 12b'') are arranged around each cylindrical subduct (11, 11b), in the inflow region the air duct assigned to the cylindrical subducts (11a, 11b) being arranged between the two air ducts assigned to the helical subducts (12a', 12b' and 12a'', 12b'').
13. (Currently amended) The air vent as claimed in ~~claim 11 or 12, characterized in that~~ claim 11, wherein the cylindrical subducts (11a, 11b) project beyond the helical subducts (12a', 12a'', 12b', 12b''), as seen in the air flow direction.

14. (Currently amended) The air vent as claimed in ~~one of the preceding claims,~~  
~~characterized in that~~ claim 1, wherein the air vent (1) has a lamellar air conduction device  
(15).

15. (Currently amended) The air vent as claimed in claim 14, ~~characterized in that~~  
wherein the lamellar air conduction device (14) is of centrally divided design, and the two  
parts can be regulated independently of one another.

16. (Currently amended) A method for controlling the air outflow of an air vent as  
claimed in ~~one of claims 1 to 15, characterized in that~~ claim 1, wherein a first metering device  
or flap (14) of at least one first air duct (11) and a second metering device or flap (14) of at  
least one second air duct (12) are alternately opened and closed by means of a control device.

17. (Currently amended) The method as claimed in claim 16, ~~characterized in that~~ the  
alternate opening and closing take place in an oscillating manner.

18. (Currently amended) The method as claimed in claim 17, ~~characterized in that~~  
wherein the oscillation frequency is selectable within a setting range, especially between  
0.5 Hz and 10 Hz.

19. (Currently amended) The method as claimed in claim 17, ~~characterized in that~~  
wherein the oscillation frequency is regulated as a function of one or more regulating  
parameters.

20. (Currently amended) The method as claimed in claim 19, ~~characterized in that~~ the  
regulating parameters used are the interior temperature and/or the difference between a  
desired interior temperature and an actual interior temperature and/or a blower setting.

21. (Currently amended) A ventilation system for a motor vehicle, characterized by an air  
vent (1) as claimed in ~~one of claims 1 to 15~~ claim 1.